Course: Power Up Yourself 1 credits: 5

Course code	ELVP22PUY1
Name	Power Up Yourself 1
Study year	2026-2027
ECTS credits	5
Language	Dutch, with parts in English, English
Coordinator	M.H. Bergstra
Modes of delivery	Problem-based learning
Assessments	Power Up Yourself 1 - Assignment

Learning outcomes

Professionalizing

The student is able to acquire and maintain skills, is self-directed, constructive in giving and receiving feedback, shows flexibility, and can communicate clearly.

Content

In the module of Power Up Yourself (PUY) you will work on personal development. In the first year, the focus is on study orientation. What your study program looks like is up to you, based on your prior knowledge and interests. This is reported to and discussed with your mentor and is completed with a intermediary conversation and a final conversation.

A part of the program is the same for everyone, such as the student mentor classes and professional orientation. The variable options are a followed:

- Mathematical skills
- Language skills (Dutch and/or English)
- Computer skills (3D drawing, technical drawing, 3D printing)
- Other workshops for study skills

Included in programme(s)

Electrical Engineering Major Mechatronics
Electrical Engineering Major Sensors & Smart Systems
Electrical Engineering Major Energy & Power Electronics

School(s)

Engineering, Life Sciences & ICT

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