

Course: Physiotherapeutic Care 1: Anatomy & Skills

credits: 5

Course code	PIVP25PC1AS	Modes of delivery	Individual supervision
Name	Physiotherapeutic Care 1: Anatomy & Skills		Practical / Training
Study year	2026-2027		Self-study
ECTS credits	5	Assessments	Anatomy 1 (Living) - Skills test
Language	English		Assessment and treatment 1 - Assignment
Coordinator	M. van Ark		

Learning outcomes

Learning Outcomes

When instructed to do so by a lecturer, the student can independently perform a partial physiotherapeutic assessment or partial treatment on a client who is at risk of a physical health problem. Professional role: HCP,HP,RP-1

The student is able to explain their (partial) intervention to the client in understandable language and in accordance with the rules of professional communication, prior to, during, and upon completion of the physiotherapeutic procedure. Professional role: HCP,COM,RP-1

The student is able, in an educational setting, to interpret information from (English-language) professional literature and explain it to fellow students. Professional role: HCP,HP-1

The student masters the basic principles of the knowledge (the Body of Knowledge, Skills and Attitudes) required to develop and execute an assessment- and treatment plan within the context of indicated prevention for a client who is at risk of a physical health problem (mainly factual knowledge, understanding, and reproduction). Professional role: HCP,HP-1

The student expresses their own cultural identity within the educational setting and applies this in interactions with people from another culture. Professional role: RP,COM-1

Content

PT-care 1 consists of 2 courses of 5 EC that are interwoven with each other. Course 1: Physiology & Health and course 2: Anatomy & skills. This course concerns Anatomy & skills and covers the more practical part of PT-care 1.

As professionals, physiotherapists are expected to be able to design training programmes for clients to improve strength and endurance, as well as to assist the clients when executing these programmes. In this course the student will learn to execute an assessment (diagnosis) and a 'treatment', assistance and training programme. The skills that are practiced related to: testing, measuring and training, teaching, giving instruction using exercise materials, and providing information and advice on healthy behaviour. Assessment and treatment skills will be assessed formative during the course. For each student, anatomy education is offered for at least one period in the international classroom, where students from the regular and 3-year program have lessons together with the international students. This course part is tested practically in this course.

Included in programme(s)

International Physiotherapy

School(s)

Health, Care & Vitality