

Course: Social & community development

credits: 5

Course code SKVP22SCD
Name Social & community development
Study year 2026-2027
ECTS credits 5
Language English
Coordinator R.M. van Rozen

Modes of delivery Assignment
 Project-based learning
 Tutorial
Assessments Social & community development -
 Professional product

Learning outcomes

By the end of this course, students will have developed the ability to leverage sport as a means to foster healthy and connected communities. They will understand the multifaceted value of sport—social, health, and economic—and be prepared to contribute to innovation and development within the sports sector. Through the use of the Citizen Science research method, students will learn to identify community needs and implement practical solutions to promote active lifestyles. They will also gain skills in multidisciplinary collaboration, enabling them to effectively communicate and work with professionals from various backgrounds to maximize the societal impact of sport and exercise.

LILO 3: Implementing (Competency level 2)

LILO 4: Advising (Competency level 2)

Body Of Knowledge and Skills (BOKS) for the national educational profile for Sport Studies [in Dutch: landelijk opleidingsprofiel Sportkunde]:

Sport and society:

- 4. Sport and physical activity as a tool
- 5. Social and ethical issues

Sport and health:

- 7. Target group analysis
- 8. Sport and physical activity programmes
- 9. Behavioural change

Sport and physical activity research:

- 14. Research capabilities

Forming connections within and beyond sport and physical activity:

- 18. Multidisciplinary and interdisciplinary collaboration

Content

Content of the course component: The world of sports is constantly changing and there is a lot of interest in this sector. The importance of the social value, health value and economic value of sport is becoming increasingly being recognized. As part of the bachelor's degree in Sports Studies of the Hanze University of Applied Sciences Groningen, we try to prepare students for a rapidly changing field of work by being able to contribute to change, development and innovation which are of great importance for the starting professional. In addition, we see that social tasks in which sport and exercise can make a contribution increasingly require a multidisciplinary approach. Challenges cross policy areas, require collaboration with other disciplines and demand that professionals from different backgrounds learn to speak each other's 'language'. All this with the aim of making optimal use of the power of sport and exercise for society.

In this course, students will use sport as a tool to contribute to a healthy and connected community. Using the Citizen Science (CS) research method, the students will retrieve the question from an environment in order to see where and in what way adjustments can be made in the environment with a view to a healthy and active lifestyle. Keywords in this course are social networks, community building and practice-oriented research.

Course structure: The course consists of guest lectures, regular lectures, and tutorials led by your instructor.

Assessment structure: Professional product

Literature and any costs: -

Included in programme(s)

Sport Studies

School(s)

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